



**Can You Stop At Just One?
How About One Dozen?**

Overeaters Anonymous...

...is a fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating.

There are no dues or fees and anyone who wants to stop eating compulsively is welcome. We can help you know when to say "no" and mean it.

Give us a call today

www.oa.org



OA Region Three



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