



This beautiful retreat center is located at:

4633 N. 54th St., Phoenix, AZ 85018

1. In Phoenix, from Camelback Road, coming from I-17 or the 101, Turn north on North 54th Street and the Retreat Center is on the right.
2. From Tucson, AZ, take I-10 into Phoenix merge onto AZ-143 N via Exit 153A toward Sky Harbor Airport. Keep left to take AZ 143 N. Take the McDowell Rd East exit. Turn slight right onto E. McDowell Rd. Turn left onto 52nd St. Turn right onto E. Thomas Rd. Turn left onto N. 56th St. Turn Left onto E. Camelback Rd. Take 2nd right onto N. 54th St. and Retreat Center is on right.
3. From Flagstaff, AZ, take I-17 into Phoenix to Camelback Rd. Exit to left (east) and go to N. 54th Street, turn left on N. 54th Street and the retreat center is on your right.

Questions? Contact Registrar:

Rosie Oldham—rosie.oldham64@gmail.com

PHONE 602-369-8444

**Space is Limited!**  
~  
**Reserve Your Spot by Pre-Registering with a Deposit**

Mail check made out to ASDI to:  
Rosie Oldham  
19243 N. 88th Avenue  
Peoria, AZ 85382  
rosie.oldham64@gmail.com  
602-369-8444



- Accommodations**
- Retreat Center is handicap accessible.
  - Dormitory Style Beds—no bunk beds.
  - Bring Sleeping and Bath Linens.
  - Bring personal grooming supplies.
  - Refrigerator available for storage of personal food/drink items.
  - Bring cash for 50/50 drawing and other fun events –gift cards etc.
  - Consider bringing extra pillow for seating on chairs.
  - Bring warm clothing and comfortable shoes to walk this beautiful

**“SURRENDER-ACCEPTANCE”**

**October 20–22, 2017**

Overeaters Anonymous

Arizona Serenity in the Desert Intergroup

Annual Fall Retreat



**Mt. Claret Retreat Center**  
**4633 N. 54th Street**  
**Phoenix, Arizona 85018**

REGISTER ONLINE [www.oaphoenix.org](http://www.oaphoenix.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Female \_\_\_\_\_ Male \_\_\_\_\_

If handicapped or you have other needs, what are they?

### EARLY BIRD DISCOUNT BEFORE SEPTEMBER 17, 2017

- \$ \_\_\_\_\_ Option 1: 2 nights + four meals (Sat-Breakfast, Lunch, Dinner-Sunday Breakfast) \$170.00 early bird registration due by Sunday, September 17, 2017 (final payment due 10/2/2017)
- \$ \_\_\_\_\_ Option 2: Commuter (Sat only) \$70.00 for Saturday includes Registration, Lunch and Dinner -registration due by Sunday, September 17, 2017 (Final Payment due 10/2/2017)
- \$ \_\_\_\_\_ Option 3: **NEW!** Three day commuter Fri, Sat, Sun. -Includes 4 meals, Sat- Bkfst, Lunch, Dinner and Bkfst Sun. \$95.00 registration by Sunday, September 17, 2017 (Final Payment due 10/2/2017)
- \$ \_\_\_\_\_ Deposit of \$50.00 - NON REFUNDABLE for full retreat early bird registration deposit due by Sunday 9/17/17 -Retreat Final FULL payment must be received by October 2, 2017 to receive Early Bird Discount! Payment plans available.

### AFTER OCTOBER 2, 2017

- \$ \_\_\_\_\_ Option 1: 2 nights + four meals \$185.00 (final payment due by Monday, October 16, 2017)
- \$ \_\_\_\_\_ Option 2: Commuter Sat 9/21/17 - \$75.00 includes Registration, Lunch and Dinner (final payment due no later than Monday, October 16, 2017)
- \$ \_\_\_\_\_ Option 3: **NEW!** -Three day commuter special, Registration for Friday, Sat and Sunday and 4 meals, Sat-Bkfst, Lunch, Dinner and Sunday Bkfst. \$105.00. (final payment due 10/16/17)

### All Final Payments are due to Registrar by Monday,

### October 16, 2017 (non refundable but can be transferred)

\$ \_\_\_\_\_ Optional Donation to ASDI for Retreat Scholarship Fund

\$ \_\_\_\_\_ TOTAL ENCLOSED (CHECK PAYABLE TO ASDI)

Sleeping Preferences (circle those that apply)

CPAP    Nite Owl    Snore    Early to Bed

## RETREAT SCHEDULE

### Friday, October 20, 2017

**\*\* Dinner on your own!**

3:00-7:00 pm	Check In
7:00 -7:30 pm	Opening
7:30-9:00 pm	Speaker
9:00-9:30 pm	Sharing

### Saturday, October 21, 2017

7:00-7:45 am	Group Meditation
8:00 am	Breakfast Dining Hall
9:00 am-10:15 am	Speaker
10:15 am- 10:30 am	Break 15 minutes
10:30 am-11:30 am	Speaker
11:30-12:00 pm	Open Sharing
12:00 pm	Lunch Dining Hall
1:30-2:45 pm	HP Activity/Sharing
2:45-3:45 pm	HP Activity/Sharing
3:45-4:00 pm	Raffle Fun
4:00-5:00 pm	Men's Meeting (Speaker)
4:00-5:00 pm	Open OA Meeting (Speaker)
5:00-6:00 pm	Free Time (Meet, Write, Walk, Talk, Rest)
6:00 pm	Dinner Dining Hall
7:00-7:30 pm	Raffle Giveaway Fun
7:30-8:30 pm	Speaker/ Sharing
8:30-9:30 pm	Candlelight Meeting

### Sunday, October 22, 2017

7:00-7:45 am	Group Meditation
8:00 am	Breakfast Dining Hall
9:00 -10:15 am	Speaker
10:15-11:00 am	Sharing/Wrap Up/Re-entry
11:00 am-11:30 am	Check Out

Schedule Subject to Minor Changes

### AA Promises

If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us - sometimes quickly, sometimes slowly. They will always materialize if we work for them. *Alcoholics Anonymous*

### OA Promise

I put my hand in yours, and together we can do what we could never do alone! No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams. *Overeaters Anonymous*



Together we can do  
what we  
could never do  
alone!

### Important Tips!

1. Complete - mail registration form on the left or REGISTER ONLINE- [www.oaphoenix.org](http://www.oaphoenix.org)
2. Keep a copy for your records
3. If you mail registration send your check (PAYABLE TO ASDI) to registrar: Rosie Oldham, 19243 N. 88th Ave, Peoria AZ 85382
4. \$50.00 initial deposit is NON-REFUNDABLE
5. Final payments are due by Monday Oct. 16, 2017 and are non-refundable but can be transferred.