

A Practical Journey Through the Twelve Steps

November 3rd - November 5th, 2017

Glen Lake Camp at Glen Rose Sponsored by Tri-County OA Intergroup

Our speaker is from California, in OA since 1981. 35 years sober in AA. 22 years abstinent in OA. Maintaining 105-110 pound weight loss. Has provided service in OA at the group, intergroup and regional level.

Registration includes accommodations for 2 nights (Friday and Saturday) and 4 meals (3 on Saturday, 1 on Sunday). If you have special food needs, you may bring an ice chest. There is limited space in refrigerator in Jones Lodge but ice is available.

No dinner will be served Friday. There are several places to eat in Glen Rose or bring your dinner with you.

Sleeping arrangements are in a rustic airconditioned/heated dormitory style cabin with twin sized bunk beds. There is no individual climate control in each hotel Special Saturday only tickets include Breakfast Lunch and Dinner

room. Limited number of double hotel style rooms at additional cost, with central living area, refrigerator and microwave. See registration form for the additional cost.

Things to bring

- Sheets, blankets and pillow or sleeping bag
- Personal grooming supplies
- Towels
- Cushions for hard chairs
- Writing supplies
- Your Big Book
- Flashlight
- Bug repellant
- Comfortable, casual clothes, walking shoes
- Jacket or sweater bring to workshop session as the temperature is hard to regulate in the meeting area
- Games, cards etc.

For more information call: Karin W. 817-739-2913 or Carolyn D. 817-243-4103

CUT OUT AND MAIL THIS FORM ALONG WITH YOUR CHECK				
Registration Deadline: 10-20-2017 (No refunds. Unused payments may be transferred to another member or our Scholarship Fund)	NAME:			Saturday Only Registration Special
COST Per Person	Address:			
\$120.00 Weekend				COST \$65.00 per
\$65.00 Saturday Day Only Payable to: Tri County Intergroup OA Mail to:	City, State and Zip:			Saturday only charge includes three meals
Karin Wade	Phone: Email			
10021 Regent Row St Benbrook, TX 76126-3002			Please check here if you would newsletter or any electronic ar	
Total Enclosed \$	Home OA Group:			
Yes	****		6 41 600 6	1 C (0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
If you desire a hotel style room, you will have a room-mate and each of you will pay an extra \$88, for a total of \$208.00. You must speak with Karin W. 817-739-2913 to have a hotel-style room.				
I would like to make a donation \$above the cost of the Retreat to help with Scholarship Fund.				
Yes, I would like to apply for a 1/2 Scholarship & in exchange I will be willing to give service at the Retreat. Contact Karin W. 817-739-2913 to find out if there are funds available this year.				



2017 OA Fall Retreat Schedule of Activities

Friday, November 3, 2017

3:00 - 6:00 pm Check In at JONES LODGE; room assignment; free time

6:00 - 7:00 pm Dinner on your own

7:00 - 8:00 pm Meet/Greet activities - JONES LODGE

8:00 - 8:15 pm Opening Session

8:15 - 9:30 pm SPEAKER - SMITH BUILDING

9:30 - 11:00 pm Free Time

11:00 pm SILENCE

Saturday, November 4, 2017

6:45 - 7:30 am Guided Meditation - SMITH BUILDING

7:45 - 8:15 am Breakfast - MILLER-SMITH DINING HALL

8:00 - 8:30 am Check-In, Saturday only - SMITH BUILDING

8:30 - 9:15 am **SPEAKER** - SMITH BUILDING-recap Fri night

9:15 - 11:30 am SPEAKER - SMITH BUILDING

11:30 - 11:50 am Tri-County OA Intergroup Meeting - SMITH BUILDING

12:00 - 12:30 pm Lunch - MILLER-SMITH DINING HALL

12:30 - 1:30 pm OA Meeting - SMITH BUILDING

1:30 - 2:30 pm Yoga/Meditation

2:30 - 4:30 pm **SPEAKER** - SMITH BUILDING

4:30 - 6:00 pm Newcomer/sponsor/mentor meetings-VARIOUS

5:00 - 5:30 pm Dinner - MILLER-SMITH DINING HALL

6:00 - 7:30 pm SPEAKER - SMITH BUILDING

7:30 - 8:30 pm Bonfire (if no burn ban) - INSPIRATION POINT

8:30 - 9:30 pm OA Meeting - SMITH BUILDING

8:30 - 9:30 pm SPEAKER - SMITH BUILDING

9:30 - 11:00 pm Free time (games, singing) - JONES BUILDING 11:00 pm SILENCE

Sunday, November 5, 2017

6:45 - 7:30 am Guided meditation - SMITH BUILDING

7:45 - 8:15 am Breakfast - MILLER-SMITH DINING HALL

8:30 - 10:30 am SPEAKER - SMITH BUILDING

10:30 - 11:30 am Clean up, pack up, checkout

Directions to Main Campus

From the North through Granbury Take Hwy. 377S from Benbrook. Continue through Granbury. After crossing the lake, exit off 377 onto 144S to Glen Rose. After about 15 miles, turn right on Hwy. 67S and go past the Sonic and Best Western. Turn left onto Hwy. 144S at Vaughn's Exxon Station. Follow 4 blocks. Glen Lake is on the left as you make the curve.

From the Dallas area Take Hwy. 67 South through Cedar Hill, Midlothian, Keene, Alvarado and Cleburne. Continue on Hwy. 67S. As you come into Glen Rose, you'll see a big Exxon station on your left. Keep going up the hill and into Glen Rose. Go past the Sonic and Best Western. Turn left onto Hwy. 144S at Vaughn's Exxon Station. Follow 4 blocks. Glen Lake is on the left as you make the curve.



From the West on Hwy. 67 Continue on Hwy. 67 almost all the way through Glen Rose. Shortly after the hospital (on your right), turn right on Hwy. 144S at Vaughn's Exxon Station. Follow 4 blocks. Glen Lake is on the left as you make the curve.

From the South on Hwy. 144 Follow 144N into Glen Rose. At the flashing light on the town square, turn right. Follow this road (Hwy. 144N) approximately 1 mile. Glen Lake will be on your right.

From Waco Take Hwy. 6W to Valley Mills/Clifton. In Meridian, you'll curve off to the right at a flashing light. At the courthouse, there is a stop sign. Turn left onto Hwy. 144N and go through Walnut Springs into Glen Rose. Follow 144N into Glen Rose. At the flashing light on the town square, turn right. Follow this road (Hwy. 144N) approximately 1 mile. Glen Lake will be on your right.

From the East through Burleson/Cleburne Take I35 south to the Hwy. 174 exit for Burleson. Go through Burleson, Joshua, and to the edge of Cleburne. Watch for a large sign saying "Glen Rose" and turn to the right onto the service road. Continue west, merging unto Hwy. 67 to Glen Rose. As you come into Glen Rose, you'll see a big Exxon station on your left. Keep going up the hill and into Glen Rose. Go past the Sonic and Best Western. Turn left onto Hwy. 144S at Vaughn's Exxon Station. Follow 4 blocks. Glen Lake is on the left as you make the curve.