

**Minutes of the
Overeaters Anonymous Region III Spring Assembly
Abilene, TX
April 16, 2016**

Assembly came to order at 8:00 a.m. by the Chair, Roni B., and opened with a moment of silence followed by the Serenity Prayer.

The Twelve Steps were read by Andrea M., Pikes Peak.

The Twelve Traditions were read by Elisa M., Southeast Arizona.

The Twelve Concepts were read by Kayla W., Arizona Serenity in the Desert.

The *For Today* selection was read by Dave H., Las Vegas.

The *Voices of Recovery* selection was read by Marcia F., Galveston Bay.

The Chair introduced the Steering Committee: Chair, Roni B.; Vice Chair, Brenda Q.; Treasurer, Elaine L.; Recording Secretary, Kay S.; Communications Secretary, Christina S. The Chair also introduced Region 3 Trustee, Vicki W.; and Parliamentarian, Judy K.

A five-minute break was called at 8:12 a.m. to accommodate difficulties in technical set-up. The Asssembly reconvened at 8:17 a.m.

Convention Co-Chair Barb R., Big Country, welcomed the Assembly.

Vicki W. presented a guided meditation based on "Living the Traditions" article from *AA Grapevine*, March 1982.

Chair appointed Dave H., Las Vegas, to write informal minutes for the Assembly.

Cliff C., Dallas Metroplex, was appointed to be the timekeeper for the Assembly.

The Assembly roll was called and the Credentials Report was read. 18 representatives and 5 Steering Committee members were present, for a total of 23 votes. It was moved and seconded that the Credentials Report be accepted. The Credentials Report was accepted.

The minutes from the Fall 2015 Assembly were presented and approved as presented.

The Recording Secretary moved to adopt the proposed Assembly Standing Rules; seconded. The proposed Standing Rules were adopted as presented.

The Recording Secretary moved to adopt the proposed Agenda for the Assembly, with adjustments to be made as necessary; seconded. The proposed Agenda was adopted as presented.

The Parliamentarian gave a five-minute presentation about parliamentary procedure and the purpose of Bylaws (who we are) and Policy Manual (what we do). She also announced that this will be her last Assembly with us due to rotation of service.

The Representatives and Steering Committee introduced themselves by coming to the front of the Assembly, each giving their name, stating the service body they represent, and voicing a gratitude for the day.

Steering Committee Reports:

Chair: In addition to her written report, Roni B. had Andrea M. speak about her representation of Region 3 at the Region Chairs gathering during Region 10 Assembly in Australia last fall.

Vice Chair: No additions to written report presented. No questions or discussion for Brenda Q.

Treasurer: In addition to her written report, which reflects expenses and income through the end of August 2015, Elaine L. reported that after some effort, the signatories have been updated on the Region 3 bank accounts. She encouraged representatives to double check their local donation information. The Treasurer began circulating the 7th Tradition envelope.

Recording Secretary: In addition to her written report, Kay S. gave details regarding the blue folder being circulated for updated contact information and explained how that contact information is used.

Communications Secretary: In addition to her written report, Christina S. spoke about the process for maintaining the technology needs and updates for the region.

Trustee: In addition to her written report, Vicki W. spoke about staff changes at WSO, with a new Managing Director and Controller. She also spoke about writing for *Lifeline* and encouraged subscriptions. She provided updated contact information: phone 435-610-2595 and email vtwilcox@gmail.com. Vicki explained and began circulating the envelope for the *Lifeline* drawing.

A ten-minute break was called at 9:12 a.m. The Assembly reconvened at 9:32 a.m. and an updated Credentials Report was established. No changes; 18 representatives and 5 Steering Committee members were present, for a total of 23 votes.

Proposed Bylaw and Policy Manual Amendments:

A Consent Agenda was presented consisting of Bylaw amendment proposals A and B and Policy Manual amendment proposals 1, 2, 3.1, 3.2, 4.1, 4.2, 7.1, 7.2, and 8. The Parliamentarian explained the process of a Consent Agenda and reviewed the contents. By request of a member of the Assembly, Policy Manual Proposal 8 was removed from the Consent Agenda. The Assembly was given two additional minutes to review the Consent Agenda material. Consent Agenda was adopted as revised.

Bylaw amendment motion C was presented. Motion carried.

Bylaw amendment motion D was presented. Motion carried.

Policy Manual amendment motion 5 was presented. Motion carried.

Policy Manual amendment motion 6 was presented. Motion carried.

Policy Manual amendment motion 8 was presented. Motion withdrawn.

Policy Manual amendment motion 9 was presented. Motion withdrawn.

A fifteen-minute break was called at 10:35 a.m. The Assembly reconvened at 11:02 a.m.

Committees:

The Chair announced the Mid-Term conference call for all Steering Committee members and committee chairs will be on Monday, July 18, 2016 at 7:00 p.m. Eastern / 6:00 p.m. Central / 5:00 p.m. Mountain / 4:00 p.m. Pacific.

The Chair determined that two committees will not meet this Assembly due to lack of relevant business: Unity with Diversity and Communications/Technology. The Assembly broke into four committee groups to work independently over the lunch break. The committee chairs returned at 1:45 p.m. and the Assembly reconvened at 2:00 p.m. to hear the committees' reports.

The Lifeline Drawing collected enough for two paper subscriptions and two e-subscriptions. Julie from Utah and Christina from ASDI. Kay from DMI won both e-Lifeline subscriptions and converted them to a paper copy. Winners will provide name, address, email, and phone for the subscriptions to Treasurer.

Summary of Friday Forum presented by Vice Chair. Discussed the practice of unity in the fellowship and reducing "us vs. them" thinking.

Committee Reports:

Twelfth Step Within (TSW): Report presented by Sue from Houston. Goals include: (1) To spread awareness of Fellowship-wide resources available at oa.org by sending out an informational e-blast six times a year on the 12th of the month. (2) Host a portion of the Friday Forum workshop at Fall 2016 Assembly.

Bylaws (Bylaws): Report presented by Lee R., Dallas Metroplex. Goals include: Develop a Trustee job description, using research from other regions' bylaws and WSBC bylaws.

Ways, Means, & Finance (WMF): Report presented by Julie A., Utah Soaring. Accomplishments include update of audit procedures and Treasurer's duties. Goals include: (1) Pre-scheduling Representatives to conduct the audit on Friday afternoon of the Fall Assembly. (2) Propose new motion for updating Prudent Reserve provision in Policy Manual. (3) Explore fundraising options.

Public Information and Professional Outreach (PIPO): Report presented by Dave H., Las Vegas, NV. Goals include investigating upcoming trade shows for possible Region III attendance, responding to WSO opportunities for trade shows, and researching our individual Intergroups for successful PIPO efforts.

Unfinished Business:

Seventh Tradition of \$88 was collected.

Audit Report presented by Brenda Q. Was completed Friday afternoon. No findings on two of the accounts. On the third account, we had no receipts for September of 2015, probably due to the transition between outgoing and incoming treasurers.

New Business:

Spring 2018 Assembly is in need of a host. Utah Soaring Intergroup submitted a bid to host in Salt Lake City; accepted.

Announcements:

1. September 9-11, 2016 Fall Assembly in Austin, Keep Recovery Weird.
2. Spring 2017 Assembly in Dallas, TX.
3. Fall 2017 Assembly in Denver, CO.
4. Spring 2018 Assembly in Salt Lake City, UT.
5. Fall 2018 Assembly in Colorado Springs, CO.
6. Elections upcoming in Fall 2016 for Recording Secretary and Chair. Applications due at least 45 days prior to the Assembly.
7. OA Annual Summer Retreat, June 24-26, 2016 in Prescott, AZ. Info and online registration at oaphoenix.org.
8. Galveston Convention, November 18-20, 2016 in Galveston, TX.
9. Alive in Recovery Retreat at St. David Monastery in St. David, AZ, October 28-30, 2016. Info at www.oasouthernaz.org.

Parliamentarian Judy K, who is completing her term, was thanked for her service and given a gift.

The OA Region III Spring 2016 Assembly was adjourned at 2:42 p.m. with a moment of silence, followed by *I Put My Hand in Yours*.

Respectfully submitted,

Kay S.

Region 3 Recording Secretary