

**Minutes of the
Overeaters Anonymous Region III Fall Assembly
Albuquerque, NM
September 26, 2015**

Assembly came to order at 8:00 a.m. by the Chair, Roni B., and opened with a moment of silence followed by the Serenity Prayer.

The Twelve Steps were read by Marcia F., Galveston Bay.

The Twelve Traditions were read by Sally H., Southeast Arizona.

The Twelve Concepts were read by Curtis M., San Antonio.

The *For Today* selection was read by Randy H., Oklahoma City.

The *Voices of Recovery* selection was read by Olivia C., Las Vegas.

The Chair introduced the Steering Committee: Chair, Roni B.; Vice Chair, Brenda Q.; Treasurer, Barbara V.; Recording Secretary, Kay S.; Communications Secretary, Barb R. The Chair also introduced Trustee, Vicki W., and Parliamentarian, Judy K.

Convention Chair Kathy M. welcomed the Assembly.

Chair appointed Neva S., Southeast Arizona, to write informal minutes for the Assembly.

Jackie W., Serenity in the Desert, was appointed to be the timekeeper for the Assembly.

Barb R presented a guided meditation based on the Responsibility Pledge and the OA Promise.

The Assembly roll was called and the Credentials Report was read. 21 representatives and 5 Steering Committee members were present, for a total of 26 votes. It was moved and seconded that the Credentials Report be accepted. The Credentials Report was accepted.

The minutes from the Spring 2015 Assembly were presented and corrected to include Barbara V. as a present Steering Committee member. Minutes were approved as corrected.

The Recording Secretary moved to adopt the proposed Assembly Standing Rules; seconded. The proposed Standing Rules were adopted as presented.

The Recording Secretary moved to adopt the proposed Agenda for the Assembly, with adjustments to be made as necessary; seconded. The proposed Agenda was adopted as presented.

The Parliamentarian gave a five-minute presentation about Assembly structure and election procedures. She also spoke about the difference between standard and emergency motion procedures. She also announced that she will continue working with the R3 Assembly through the Spring 2016 Assembly in Abilene.

The Representatives and Steering Committee introduced themselves by coming to the front of the Assembly, each giving their name, stating the service body they represent, and voicing a gratitude for the day.

Steering Committee Reports:

Chair: No additions to written report presented. No questions or discussion for Roni B.

Vice Chair: No additions to written report presented. No questions or discussion for Brenda Q.

Treasurer: In addition to her written report, which reflects expenses and income through the end of August 2015, Barbara V. presented a preliminary proposed 2016 budget with intention to adjust as needed after committee meetings. She fielded questions about both items. She stated that our Fiscal Year is accounted as November 1st to October 31st. She explained that the proposed budget's numbers are based on historical income and expense information from the past three years. The vote on the budget will take place after committee meetings today.

Recording Secretary: In addition to her written report, Kay S. gave details regarding the blue folder being circulated for updated contact information.

Communications Secretary: In addition to her written report, Barb R. acknowledged that the archives she has been developing are not yet complete and committed to finishing them after the completion of her term at this Assembly. The archives has a tab on the website and is password protected; password is available from webmaster. It is the intention that we will also archive online all Assembly speaker recordings that we can get rights to publish.

Trustee: In addition to her written report, Vicki W. discussed the resignation of the Managing Director, Naomi Lippel, and changes to World Service Business Conference procedures. She highlighted new literature materials available, including several helpful wallet cards and the Taste of Lifeline book. She encouraged the Assembly to submit articles for Lifeline and contributions for proposed literature updates. She also advised that now that the OA Handbook has been updated and published, all editions prior to 2015 are outdated and should be destroyed. *Lifeline Weekly* is being made available to all members; inquire at info@oa.org. She continues to have World Service funding available for presenting workshops. Vicki explained and began circulating the envelope for the *Lifeline* drawing.

A ten-minute break was called at 9:31 a.m. The Assembly reconvened at 10:45 a.m. and an updated Credentials Report was established. 20 representatives and 5 Steering Committee members were present, for a total of 25 votes. It was moved and seconded that the amended Credentials Report be accepted. The amended Credentials Report was accepted.

Elections:

Vice Chair: Brenda Q. stood for re-election. She was given five minutes to address the Assembly, and the Assembly was given five minutes to present questions.

The Chair called for an updated Credentials Report to be established. 21 representatives and 5 Steering Committee members were present, for a total of 26 votes. It was moved and seconded that the amended Credentials Report be accepted. The amended Credentials Report was accepted.

Treasurer: Kayla W. stood for election. She was given five minutes to address the Assembly, and the Assembly was given five minutes to present questions.

The Chair called for an updated Credentials Report to be established. 22 representatives and 5 Steering Committee members were present, for a total of 27 votes. It was moved and seconded that the amended Credentials Report be accepted. The amended Credentials Report was accepted.

Treasurer (continued): Elaine L. and Gina C. each stood for election. Each was given five minutes to address the Assembly, and the Assembly was given five minutes per candidate to present questions.

Communications/Technology Secretary: Christina S. stood for election. She was given five minutes to address the Assembly and then the Assembly was given five minutes to present questions.

The Chair appointed Andrea M. as the Teller Committee Chair. The Chair gave voting directions. Ballots were cast and submitted to the Tellers Committee for counting.

Tellers Report: Total eligible voters: 27. Votes cast for each office: 27. Necessary for election for each office: 14. No illegal votes cast.

For Vice Chair: Brenda Q. received 27 votes; she was elected.

For Communications Secretary: Christina S. received 27 votes; she was elected.

For Treasurer: Gina C. received 6 votes, Elaine L. received 16 votes, and Kayla W. received 5 votes; Elaine L. was elected.

Gina C. moved to destroy the ballots; seconded. Motion carried.

The Treasurer circulated the 7th Tradition envelope.

Committees:

The Chair announced that visitors are welcome at Committee Meetings with voice but no vote. The Chair suggested that the following committees meet together: Twelfth Step Within with Unity with Diversity, and Ways, Means, and Finance with Communications/Technology. The Assembly broke into committee groups to work independently and for the lunch break. The committee chairs returned at 1:45 p.m. and the Assembly reconvened at 2:00 p.m. to hear the committees' reports.

Twelfth Step Within (TSW) and Unity with Diversity (UWD): Report presented by Cindy. Goals: To inform intergroups of availability of speakers and workshops as well as the funding

Public Information/Professional Outreach (PIPO): Report presented by Theresia O. Accomplishments: Exhibited at "Your Weight Matters" conference, provided PIPO information to the My 600-Pound Life

show, secured approval of a Region 3-specific OA logo. Goals: Coordinate exhibit at Las Vegas Tradeshow, continue work on developing QVC codes for our flyers, and support intergroups in newcomer-friendly web presence.

Communications/Technology (Comm/Tech): Report presented by Christina S. Committee met independently of its recommended counterpart. Accomplishments: Archive has been established on website, datebook functionality improved. Goals: facilitate improvement of intergroup websites within Region 3 or assist in development of websites for the intergroups that do not yet have one, post articles more often (targeted for monthly), create secure storage for documents. Also begin research on purchase of a projector and of Adobe Acrobat.

Bylaws (Bylaws): Report presented by Sally H. Accomplishments: Completed review of working Section 4, and in progress for Section 2. Goals: Address motion requests from Steering Committee and WMF, and complete preparation of proposed motions for Spring 2016 Assembly. Committee will continue to work by conference call.

Ways, Means, & Finance (WMF): Report presented by Randy. Committee met independently of its recommended counterpart. Sent recommended bylaw revisions to Bylaws Committee to be addressed at Spring 2016 Assembly. Reviewing additional Policy Manual material as requested by Bylaws. Revising WMF handbook and updating audit procedures; committee will continue to work by conference call.

Audit Report presented by Brenda Q. Was completed Thursday evening by Debra Sue C. of CNMI, Mercy F of Heart of Texas, Elaine L. of San Antonio, and Brenda Q. No discrepancies.

Committees were advised that a group alias email address is available by request; advise the Recording Secretary.

Proposed 2016 Budget as revised was presented to the Assembly. Treasurer moved to approve the proposed 2016 Budget, seconded. Motion carried.

Seventh Tradition of \$201 was collected.

Lifeline Drawing: Enough was collected for 2 hard copy subscriptions and 2 e-subscriptions. Names were drawn – Elaine L. and Joan B. received the hard copies, and Elaine L. and Christina S. were drawn for the e-copies. Winners will provide name, address, email, and phone for the subscriptions to Treasurer.

Friday Workshop: Brenda Q. reported that the Assembly representatives had an engaged problem-solving workshop on finding ways to get people involved in service. Among the ideas offered: Invite the Trustee or Steering Committee to give a Service, Traditions, and Concepts workshop to build excitement and provide training. Consider creating an Intergroup Meeting Rep Trainer position. Build excitement and repetition about open opportunities. Develop a Nominating Committee to identify and invite candidates.

There was no other unfinished business to address.

New Business:

Fall 2017 Assembly is in need of a host. Central Colorado Intergroup submitted a bid; accepted.

Announcements:

1. SEAZ raffle, proceeds to be divided between Region 3 Delegate Fund and WSO office furniture update.
2. Galveston Bay area convention next weekend. Details on R3 website.
3. Brochures distributed for Spring 2016 Assembly and Convention in Abilene. Big Country had originally been committed to hold the event in Lubbock, but relocated it to Abilene for fiscal reasons. Updated brochures with accurate date (2016, not 2015) on them will be provided soon.

Barbara V. and Barb R., who are completing their terms, were thanked for their service and given a gift.

The OA Region III Fall 2015 Assembly was adjourned at 2:54 p.m. with a moment of silence, followed by *Put My Hand in Yours*.

Respectfully submitted,

Kay S.

Region 3 Recording Secretary