

**Minutes of the
Overeaters Anonymous Region III Spring 2014 Assembly
Tempe, AZ
August 9, 2014**

The Assembly was called to order at approximately 8:00 AM by the Chair, Andrea M. A moment of silence was observed, followed by the *Serenity Prayer*.

The Twelve Steps were read by Joy C., DMI.

The Twelve Traditions were read by Kathy M., CNMI.

The Twelve Concepts were read by Marcia F., GBAI.

The *For Today* selection was read by Olivia C., LVIG

The *Voices of Recovery* selection was read by Mercy F., HofT.

The *Chair introduced the Steering Committee*: Vice Chair – Roni B.; Recording Secretary – Neva S.; Communications Secretary – Barb R.; Treasurer – Barbara V. *Chair also introduced* Trustee – Vicki W.; Parliamentarian – Judy K. (attending via Skype)

The Convention Chair, Kayla W., welcomed the Assembly.

The Chair appointed Cheryl L. to take informal notes for the Assembly.

Marla D. was appointed to be the timekeeper.

The Assembly role was called and the ***Credentials Report*** was read. 18 representatives and 5 Steering Committee members were present – for a total of 23 votes. It was moved and seconded that the Credentials Report be accepted. The Credentials Report was accepted as presented. The Report was later amended to show a total of 19 representatives and 5 Steering Committee members for *a total of 24 votes*. *The amended report was accepted.*

The ***minutes from the Spring 2014 Region III Assembly*** were approved as presented.

The motion to approve the *Proposed Standing Rules* was made by the Recording Secretary, and seconded. The Proposed Standing Rules were *adopted as presented.*

The ***Agenda*** for the Assembly was adopted as presented with adjustments to be made as necessary.

Parliamentarian, Judy K., spoke to the Assembly via Skype about the “hierarchy of documents we use to keep us informed about what we do.” The main documents used by the OA Region III Assembly are our Bylaws and Policy Manual. The complete hierarchy listed from the highest ranking is as follows: Law of the State and/or Country, the Charter (501c3)/Constitution (framework)/Bylaws (supplement to the Constitution) which we combine into “Bylaws”, Policies and Procedures (policy is a belief or philosophy, procedure is how we execute the policy), Standing Rules (which stand until revoked), and Special Rules (which are temporary for the situation). When asked, Judy once again recommended her favorite book, *The Standard Code of Parliamentary Procedure* by the Standard Institute of Parliamentarians. This was followed by an explanation of our election procedures – we vote by ballot, to abstain is to vote against when there is only one candidate. She ended by sharing about some interesting voting anomalies she had encountered – the “Texas ballot” where people vote the candidates they *don’t* want, and “cumulative voting” where voters are allowed multiple votes and can spread them or use them all on one candidate. The Chair thanked Judy for her report.

Representatives introduced themselves by coming to the front of the Assembly and giving their name, the Intergroup they represent, and their hopes for the Assembly experience.

A meditation was led by Lynne C-M., ASDI Convention Committee member.

Steering Committee Reports:

Chair's Report – In addition to her written report, Andrea M. shared that she has 15+ registered for the cruise so far. The Spring Assembly will be held in Houston on Saturday, March 21, the day before the ship sails. The Steering Committee is hosting the Convention on the cruise ship. A program/flyer is being worked on. They are trying to arrange for a designated room for OA meetings. Please get the word out and join us... The OA Board of Trustees has a three year plan to focus on "Our Primary Purpose." This year the focus is on "Actions for Abstinence." We are giving abstinence workshops, distributing the "Abstinence Checklist." The UWD checklist and the Abstinence Checklist can both be found on the OA website, www.oa.org. Andrea expressed gratitude for her journey on the Region III Steering Committee for the past 7+ years.

Vice Chair – In addition to her written report, Roni B. reported that the dates and locations for several upcoming Assembly/Conventions are set. Representatives need to take this information back to their Intergroups and to their Convention Planning Committees. Dallas Metro Intergroup just voted to offer to host Spring 2017 Assembly. Intergroups are welcome to talk to either Roni or Vicki about bringing them an Abstinence Workshop.

Treasurer's Report – Barbara V. reported that assets as of July 31 were \$28,166 (up 12% from last year). Income since last Assembly was \$11,958. Expenses for the same period were \$11,061. The report includes several pages listing group donations to Region III since the last Assembly. Representatives should review these numbers with their Intergroup and let Barbara know if there are any corrections to be made. Group donations reflect money received by July 13th. She has filed the required IRS and AZ Corporation reports. Group Handbooks were distributed to each representative at the last Assembly. There was only one request for representative funding for this Assembly, so if your group needs financial assistance – ask. An account has been opened and paid for one year with Constant Contact for cruise communications and ongoing Region communications should we choose.

The Proposed Budget for Region III for Nov. 2014 through Oct. 2015 was distributed to those present. There is a new line for "R3 Chair Travel Fund Donations." The budget is for \$1000, but we need more. Members/groups can make special donations. Barbara is hopeful that more is collected than budgeted for. Other upcoming expenses include: a new version of QuickBooks (about \$45 through Tech Soup), Comm/Tech committee will purchase a projector for Region III, WMF committee has no current plans for a fundraiser – and that may change. Each committee can look at their budget line during their meeting today and let us know if their budget amount needs adjusting.

The Treasurer began circulation of the 7th Tradition envelope for the Assembly.

Recording Secretary's Report – In addition to her written report Neva gave details regarding the blue folder being passed for contact information. She noted that motions need to be sent to the Bylaws committee for review before being taken to the floor of the Assembly, and that Bylaws Amendments will only be addressed at the Spring Assembly unless they are of an emergency nature. She expressed gratitude for her two years as Recording Secretary for the Region III Steering Committee and Assembly. She experienced a lot of spiritual growth and love.

Communications Secretary's Report – In addition to her written report, Barb R. asked that those present keep writing and submitting articles to be posted on the Region III website. She is committed to having our archives online updated by next year.

Trustee's Report – In addition to her written report, Vicki W. reported that BOT commissioned the OAI book. It will have new stories and a new preamble. The motion concerning "Promises for OA" was defeated, but it will be back. WSO has put together a packet with Rozanne books and video for sale. Vicki encourages writing for Lifeline magazine. The topic list for next year is in the July issue. Abstinence topics are especially needed.

Vicki explained and passed out the envelope for the *Lifeline drawing*.

The next order of business was elections for Steering Committee positions, Chair and Recording Secretary, and affirmation of the Trustee Nominee to be forwarded to WSBC next Spring.

Applications were distributed and read prior to the Assembly. Each candidate was given 5 minutes to speak, and then 5 minutes for questions from the representatives before ballots were distributed. The candidates were:

Roni B. for the position of Region III Chairperson (2 year term),

Kay S. for the position of Region III Recording Secretary (2 year term), and

Vicki W. as nominee to the position of Region III Trustee (for her second 3 year term).

The Teller's Report indicated that **all three candidates were elected/affirmed**. Of 24 possible votes, Roni B. received 22, Kay S. received 24, and Vicki W. received 23.

The next order of business was **committee meetings**. The Chair announced that the date for the Conference Call for Committee Chairs and Steering Committee members would be decided by the Steering Committee at their Sunday morning meeting. The committee selection for this Assembly was decided by individual desire/conscience, green committee folders were passed out to the committee chairs, and chairs were asked to stand off to the side of the Assembly chamber and hold up their sign so that their

committee members could find them to discuss where to have lunch and where to meet to do their business. The Chair asked that committee chairs return to meet with her by 2 PM and that the Assembly reconvene at 2:15 PM. Committee chairs were asked to bring two copies of their committee report (one for the Chair and one for the Recording Secretary). Green folders are to be returned to the Recording Secretary by the end of Assembly this afternoon.

After a Lunch Break, Assembly was reconvened at approximately 2:15 PM.

Committee Reports:

Unity With Diversity (UWD) – Joy C. (Kathy M., Teri G., Vicki W.) reported that the committee will query the BOT on their feelings about creating a Diversity Workshop and how to go about doing that. Committee members committed to write articles for *Lifeline* and for the Region III website.

Twelfth Step Within (TSW) – Kathy Y. (Roni B., Joan B., Elena M., Mercy F. {for Mary S.}, Gina C.) reported that contacting unaffiliated meetings in our Region is ongoing, contacting non-attending Intergroups is ongoing (we can offer them speaker funding – send speakers), creating an ideas list for IGRs and Reps to circulate TSW ideas, reinstate sending out the monthly TSW message on the 12th of each month through the Rec Sec.

Public Information/Professional Outreach (PIPO) – Brenda Q. (Curtis M., Jill S., Olivia C., Andrea M.) The Cardiovascular Summit in LV last year was a great outreach opportunity – try to negotiate a good rate to do it again this year, SEAZ Intergroup started a Young People’s meeting and created a poster to put up in high schools that got some response, the Trade Show Display poster will be stored in Las Vegas and a link will be put on the R3 website so that IGs can request to borrow it directly from there, a High School flyer project will be piloted in the Intergroups of PIPO committee members, another batch of bookmarks will be ordered for the March Assembly.

Communications/Technology (Comm/Tech) – Cheryl L. (Barb R., Marla D.) reported that a CRUISE tab has been added on the website, they have started the Constant Contact account, they discussed the projector purchase, they will coordinate with the Rec Sec to sign up for R3 communication, will obtain and publish more recording on the R3 website, and they have a goal to record Speakers on the cruise.

Bylaws (Bylaws) – Bobbi S. (Neva S., Kay S., Judy K. via Skype) reported that we have three motions so far for the Spring, we are renumbering 2 sections of the Bylaws for consistency (after Spring amendments are passed), our goal is to finish the current review block, and we will be asking the Finance committee to review sections involving financial philosophies and guidelines.

Ways, Means, and Finance (WMF) – Marie D. (Marcia F., (Kellie P. in absentia), Barbara V., Rachel C.) reported that they had decided on a fundraiser for the cruise – a *10th Step Journal*, a flyer for the cruise is being distributed, the **Cruise Raffle drawing** will be held in Austin in November (send both stubs and money to the Treasurer at the P.O. Box), they will review and modify audit procedures, and have asked for a budget change of \$500 for purchase of the journals.

The 7th Tradition brought in \$107.

Report on Friday Workshop – Roni B. reported that the Abstinence Checklist was reviewed with writing and sharing, and there was an informal problem solving session.

Lifeline Drawing – 2 e subscriptions went to Teri G. and Bobbi S.

Announcements –

- Gina C. passed out a flyer for a Convention in Frisco, CO, October 17-19, “ON HIGHER GROUND”
- GBAI/Houston – Galveston Beach, “Happy, Joyous and Beachy”
- (reminder to email Barb R. to get events on our website...)
- SEAZ – Fall retreat at St. David, October 10-12
- ASDI – end of winter retreat, St. Stevens, February – one day (Abstinence Workshop)
- Abilene – October 31, Trustee/speaker in the evening – November 1, Abstinence Workshop
- **Next Fall’s Assembly in Albuquerque** – Steering Committee positions open will be Vice Chair, Communications Secretary, and Treasurer – if you qualify, think about applying.

Audit Report – Marla D., Marcia F., Barb R. (Barbara V. present) reviewed PayPal, Prudent Reserve, Savings, and Checking accounts. A couple of minor discrepancies were found and resolved.

Adoption of Proposed Budget – an adjustment of \$500 was made to the WMF budget line, bringing the total budget to \$25,250. Motion to adopt was seconded. Motion passed. **The Proposed Budget was adopted.**

There was no New Business.

Roni distributed thank you gifts and hugs to Andrea and Neva for their service to Region III.

There was no further business.

The **OA Region III Fall 2014 Assembly** was adjourned sine die @3:40 PM.

Respectfully submitted,

Neva S., Region III Recording Secretary